

## **Research**

This award will be presented to an individual (male or female) or institution who has greatly contributed to research in female sport and physical activity. This offers a wide scope for research from participation, high level sport, governance, education, physiology and leadership.

## **Role Model**

This award will be presented to an individual (male or female) at any level within the community, school or sport, who by their exemplary actions and attitudes will have inspired and encouraged females of any age to participate in sport.

## **Leadership**

Presented to an individual (male or female) or group who has demonstrated outstanding leadership and made a significant contribution to the advancement of women through achievements in sports.

## **Media**

This category is looking for the best and most innovative approaches to promotion or development of girls' and women's sport. It offers a wide scope for nominees from a social media campaign to an event that was innovative in its delivery or a project focussing on getting more girls and women active and through this raise the profile of women and girls in sport.

## **Champion School**

This award is open to all schools who recognise and deliver a programme that helps to encourage their female students to participate and enjoy sport physical and activity.

## **Community Sport Champion**

The Community Sport Champion Award will be presented to a club or community group who through their tireless work within the community have supported and enabled women of all ages to participate in sport and physical activity on a regular basis.

## **National Governing Body Champion**

The National Governing Body Champion Award will be presented to a national governing body who through their tireless work within their sport have supported and enabled women of all ages to participate on a regular basis.

**Rising Star**

This award will be presented to a female, aged 11 to 18, who by their exemplary actions is leading to get their peers more active, and enjoying PE, sport and physical activity.

**Male Ally**

This award will be presented to a male who has actively supported and/ or encouraged participation or promotion of female sport and physical activity.